2nd Vienna Lymphology Symposium

The Night of Lymphology October 1st – 2nd, 2021



Hilton Vienna Park · Vienna

The Night of Lymphology

Therapeutical options – comprehensive and interdisciplinary

Dear Ladies and Gentlemen, Dear Colleagues,

After our first "Night of Lymphology 2019", I would like to invite you to our follow-up two-day symposium in October 2021.

Medicine and science are two constantly changing fields, especially in lymphology. Therefore we would like to present the latest progress, inspiring insights and standardized implementations of lymphology in daily clinical routine.

Topics range from conservative and surgical therapies in lipoedema and lymphoedema, as in the fields of obesity and venous insufficiency. In these particular medical fields, interprofessional network is crucial to provide the best possible care to improve patients' quality of life.

International faculty of this symposium will look into various diagnoses that occur by themselves, as well as their mutual influences. With the focus on the optimal treatment for our patients, let us encounter the fascinating field of lymphology from comprehensive and interdisciplinary perspectives. May our two-day interdisciplinary symposium "The Night of Lymphology 2021" enrich and broaden your knowledge in this engaging field.

We express our sincere appreciation to all speakers, chairs, participants and partners.

We are looking forward to welcome you in the heart of Europe.



Kind regards, Assoc.-Prof. PD Dr. med. Chieh-Han John Tzou, MBA



Scientific Committee

Prim. PrivDoz. Dr. med. Christoph Ausch	Specialist in General and Visceral Surgery Additional Specialism: Vascular Surgery Medical Director of Hospital Göttlicher Heiland GmbH Vienna, Austria
Prof. Hon. Dr. med. Manuel E. Cornely	Specialist for Dermatology and Venereology, Lymphology Ly.Search Cologne, Germany
OA Dr. med. Brigitte Obermayer, MBA	Senior Physician Team Leader Obesity and Metabolic Surgery Obesity Centre Hospital Göttlicher Heiland GmbH Vienna, Austria
AssocProf. PD Dr. med. Chieh-Han John Tzou, MBA	Associate Professor at Sigmund Freud University, Vienna, Austria Head of Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH Vienna, Austria TZOU MEDICAL. Plastic, Reconstructive and Aesthetic Surgery Lymphology Centre Vienna, Austria

Programme

This symposium will be held as a hybrid event and therefore digital formats will be available. You can attend the event as an attendee in person or as an online participant (livestream and/or media library).

Friday, October 1st

9.30 a.m.	Registration, visiting the exhibition
10.30 a.m.	Welcome and Introduction of Topics Prim. PD Dr. med. Christoph Ausch, Vienna Assoc. Prof. PD Dr. med. Chieh-Han John Tzou, MBA, Vienna
	I. Lymphology Chairmen: Prim. PD Dr. med. Christoph Ausch, Vienna Prim. Prof. Dr. med. Boris Todoroff, MD, Vienna
10.55 a.m.	Functional Lymphology — From Form to Function Ao. Univ. Prof. Dr. med. univ. Erich Brenner, Innsbruck
11.20 a.m.	Primary and Secondary Lymphoedema – Options for Conservative Therapy: Clinical Case Studies OA Dr. med. Anett Reißhauer, Berlin
11.50 a.m.	Lymphatic Imaging for Lymphoedema OA PD Dr. med. Claus C. Pieper, Bonn
12.10 p.m.	Imaging Modalities in Lymphoedema: Indications, Methods, Significance Dr. med. Balázs Mohos, Vienna
12.30 p.m.	Past, Present & Future: Innovation in Microsurgery Gregor Kunze, Oberkochen
12.50 p.m.	Lunch break, visiting the exhibition
	II. Physical Medicine and Therapy Chairmen: Prim. Dr. med. Silvia Brandstätter, Vienna OA Dr. med. Michael Mickel, Vienna
1.45 p.m.	Complex Decongestive Therapy (CDT) Prim. Dr. med. Silvia Brandstätter, Vienna
2.05 p.m.	Lymphoedema — Possibilities of Additive Therapies Andreas Wittlinger, PT, Walchsee
2.25 p.m.	Compressions Stockings: Between High-tech and Handmade Bernd Mangold, Aichach
2.45 p.m.	Preoperative Angiological Diagnostic (venous – arterial) in Lymph Surgery Dr. med. Marcus Atteneder, Vienna

3.05 p.m.	Possible Contraindications of CDT in Lymphoedema Patients Prim. Dr. med. Silvia Brandstätter, Vienna
3.25 p.m.	Lifestyle and Nutrition in Lymphology Dr. med. Gabriele Faerber, Hamburg
3.50 p.m.	Retrograde Manual Lymphatic Drainage following Vascularized Lymph Node Transfer <i>OA Dr. med. Julia Roka-Palkovits, Vienna</i>
4.10 p.m.	Coffee break, visiting the exhibition
	III. Obesity, Venous Insufficiency Chairmen: Ao. UnivProf. OA Dr. med. univ. Kornelia Böhler, Vienna OA Dr. med. Brigitte Obermayer, MBA, Vienna
4.45 p.m.	News and Update in Bariatric Surgery OA Dr. med. Alexander Butz, Vienna
5.05 p.m.	Evidence-based Integrative Medicine for Obesity Treatment UnivProf. PD Dr. med. Peter Panhofer, MD, MBA, MSc, Vienna
5.25 p.m.	Vein Surgery in Lymphoedema and Lipoedema OA Dr. med. Brigitte Obermayer, MBA, Vienna
5.45 p.m.	Venous Insufficiency in the Upper Extremities after Breast Surgery Prof. Dr. med. Jean-Paul Belgrado, PhD, Brussels
6.10 p.m.	Wound Care and Compression – Better Quality of Life through Education Michaela Krammel, DGKP, WDM®, Vienna
6.30 p.m.	Break, visiting the exhibition
	IV. Lymphoedema: Surgical Treatment Options Chairmen: Prof. Dr. med. David H. Song, MD, MBA, FACS, Washington, DC OA Dr. med. Ines Tinhofer, Vienna
7.00 p.m.	Physiology and Rationale in Lymphoedema Surgery Prof. Dr. med. Joon Pio Hong, MD, PhD, MBA, Seoul
7.35 p.m.	Three Pillars in Lymphoedema Treatment Natalia Krzesniak, MD, PhD, Warsaw
8.00 p.m.	Management of Genital Lymphoedema Dr. med. Manon Czedik-Eysenberg, Vienna
8.20 p.m.	Lymphoedema Surgery in Genital after Cancer Therapies Prof. Dr. med. Makoto Mihara, Tokyo
8.40 p.m.	Summary and Closing Words Assoc. Prof. PD Dr. med. Chieh-Han John Tzou, MBA, Vienna
afterwards	Get-together Common Exchange

Programme

Saturday, October 2nd

8.00 a.m.	Registration, visiting the exhibition
9.00 a.m.	Welcome and Introduction of Topics Assoc. Prof. PD Dr. med. Chieh-Han John Tzou, MBA, Vienna
	V. Lymphoedema: Surgical Treatment Options Chairmen: Prof. Dr. med. Makoto Mihara, Tokyo Prof. Dr. med. Hidehiko Yoshimatsu, MD, Tokyo
9.10 a.m.	Supermicrosurgery in Lymphoedema Prof. Dr. med. Joon Pio Hong, MD, PhD, MBA, Seoul
9.45 a.m.	Recent Innovation in the Preoperative Examination for LVA Prof. Dr. med. Hisako Hara, Tokyo
10.05 a.m.	Georgetown Experience with Comprehensive Surgery for Treatment and Prevention of Lymphoedema Prof. Dr. med. David H. Song, MD, MBA, FACS, Washington, DC
10.30 a.m.	Treatment of Lymphovenous Malformations OA Dr. med. Julia Roka-Palkovits, Vienna
10.50 a.m.	Hybrid Therapy Options in Lymphology Assoc. Prof. PD Dr. med. Chieh-Han John Tzou, MBA, Vienna
11.10 a.m.	Vascularized Lymph Node Transfer in Combination with Breast Reconstruction OA Dr. med. Ines Tinhofer, Vienna
11.30 a.m.	Lymphoedema Surgery LYST in Oncology Prof. Dr. med. Hidehiko Yoshimatsu, MD, Tokyo
11.50 a.m.	Lunch break, visiting the exhibition
	VI. A Conservative and Surgical Contemplation to Lipoedema Chairmen: Prof. Hon. Dr. med. Manuel Cornely, Cologne Prim. Dr. med. Christian Ure, Wolfsberg
12.45 p.m.	Metabolic Alterations, Gene Expression Changes and Genetic of Lipoedema Pamela A. Nono Nankam, PhD, Leipzig Prof. Dr. med. Matthias Blüher, Leipzig
1.05 p.m.	Guideline-compliant Treatment of Lipoedema and Conservative Therapeutic Options <i>Prim. Dr. med. Christian Ure, Wolfsberg</i>
1.30 p.m.	Obesity or Lipalgia Dolorosa — The Attempt to Distinguish Dr. med. univ. Markus Killinger, Angerberg
1.50 p.m.	Lipoedema and Lipohypertrophy: How to separate the Wheat from the Chaff? Dr. med. Axel Baumgartner, Lübeck

Please do not make any video recording and/or take photographs. Thank you.

2.15 p.m.	Liposuction — State of the Art and Long-term Results Prof. Hon. Dr. med. Manuel Cornely, Cologne
2.45 p.m.	Focus: Social Media OA Dr. med. Nina Hüttinger, Vienna
3.05 p.m.	Sensation of Pain in the Lipoedema Patient. Psychodynamic Considerations Dr. phil. Beate West-Leuer, Neuss
3.25 p.m.	Coffee break, visiting the exhibition
	VII. Lympology International Chairmen: Prof. Dr. med. Jean-Paul Belgrado, PhD, Brussels Prof. Dr. med. Joon Pio Hong, MD, PhD, MBA, Seoul
4.00 p.m.	Complex Rehabilitation of Lymphoedema Patients in the National Institute for Medical Rehabilitation, in Hungary Dr. med. Eva Takacs, Budapest Dr. med. Erzsebet Boros, Budapest
4.15 p.m.	Lymphoedema Therapy in Poland Natalia Krzesniak, MD, PhD, Warsaw
4.30 p.m.	Lymphoedema Therapy in Bosnia and Herzegovina Dr. med. Dragana Bojinović-Rodić, Banja Luka
4.45 p.m.	Lymphoedema Therapy in Slovakia MUDr. Ewald Ambrózy, PhD, Bratislava
5.00 p.m.	Quality of Life: How can the Therapeutical Success be detected? OA Dr. med. Johannes Steinbacher, Vienna
5.20 p.m.	Possible Upcoming Options in Lymphology Prof. Hon. Dr. med. Manuel Cornely, Cologne
5.35 p.m.	Summary and Closing Words Prim. PD Dr. med. Christoph Ausch, Vienna Prof. Hon. Dr. med. Manuel Cornely, Cologne OA Dr. med. Brigitte Obermayer, MBA, Vienna Assoc. Prof. PD Dr. med. Chieh-Han John Tzou, MBA, Vienna

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Chairmen and Speakers

MUDr. Ewald Ambrózy, PhD	Department of Angiology 1 st Department of Internal Medicine of Comenius University Hospital Bratislava 813 69 Bratislava, Slovakia
Dr. med. Marcus Atteneder	Specialist in Internal Medicine and Angiology Intern Kardiologische Angiologische Gruppenpraxis HonProf. Dr. Kiss, Dr. Dimopoulos-Xicki, Dr. Atteneder 1170 Vienna, Austria
Dr. med. Axel Baumgartner	Executive Director and Head Physician Specialist in Surgery with additional qualification in Emergency Medicine Hanse-Klinik GmbH 23564 Lübeck, Germany
Prof. Dr. med. Jean-Paul Belgrado, PhD	Lymphology Research and Rehabilitation Unit Université libre de Bruxelles, 1050 Brussels, Belgium Scientific collaborator: Lymphology Clinic Santorso-Asiago AULSS 7 Veneto, Italy Lymphology Dpt Vasc Med Montpellier, France
Prof. Dr. med. Matthias Blüher	Director Helmholtz Institute for Metabolic, Obesity and Vascular Research – HI-MAG Helmholtz Center Munich at the University of Leipzig and the University Hospital Leipzig AöR Professor for Clinical Obesity Research Medical Faculty of the University of Leipzig 04103 Leipzig, Germany
Ao. UnivProf. OA Dr. med. univ. Kornelia Böhler	Senior Physician, Specialist in Dermatology, Venerology and Angiology Medical University of Vienna Department for Dermatology 1090 Vienna, Austria
Dr. med. Dragana Bojinović-Rodić	Medical Doctor, Specialist of PMR, PhD Institut for Physicale Medicine and Rehabilitation "Dr. Miroslav Zotović" Banja Luka 78000, Bosnia and Herzegovina
Dr. med. Erzsebet Boros	Specialist in Rehabilitation Medicine, Head of Department National Institute for Medical Rehabilitation Budapest, Hungary
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Ao. Univ. Prof. Dr. med. univ. Erich Brenner	Specialist in Anatomy Institute for Clinical and Functional Anatomy Medical University of Innsbruck 6020 Innsbruck, Austria

OA Dr. med. Alexander Butz	Senior Physician, Specialist in General and Visceral Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
Dr. med. Manon Czedik-Eysenberg	Assistant Physician Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
Dr. med. Gabriele Faerber	Specialist in General Medicine, Phlebology, Lymphology, Nutrition Medicine Center for Vascular Medicine 22761 Hamburg, Germany
Prof. Dr. med. Hisako Hara	Lymphatic Surgeon Department of Lymphatic and Reconstructive Surgery JR Tokyo General Hospital Tokyo, Japan
Prof. Dr. med. Joon Pio Hong, MD, PhD, MBA	Plastic Surgery Asan Medical Center Songpa-gu, Seoul, South Korea
OA Dr. med. Nina Hüttinger, FEBOPRAS	Senior Physician Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
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Bernd Mangold	Head of Research & Development Julius Zorn GmbH 86551 Aichach, Germany
OA Dr. med. Michael Mickel	Senior Physician, 2 nd Deputy Head of the University Clinic for Physical Medicine, Rehabilitation and Occupational Medicine Medical University Vienna 1090 Vienna, Austria

Chairmen and Speakers

Prof. Dr. med. Makoto Mihara	Lymphatic Surgeon Lymphedema Surgery Clinic in Japan JR Tokyo General Hospital Tokyo, Japan
Dr. med. Balázs Mohos	Microsurgery Fellow Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
Pamela A. Nono Nankam, PhD	Post-Doctoral Scientist Clinical Obesity Research Helmholtz Institute for Metabolic, Obesity and Vascular Research – HI-MAG Helmholtz Center Munich at the University Leipzig and the University Hospital Leipzig AöR 04103 Leipzig, Germany
UnivProf. PD Dr. med. Peter Panhofer, MD, MBA, MSc	Chair of Complementary Medicine Sigmund Freud University 1020 Vienna, Austria Consultant of in General and Visceral Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
OA PD Dr. med. Claus C. Pieper	Executive Senior Physician, Specialist in Radiology and Neuroradiology Clinic for Diagnostic and Interventional Radiology Universitätsklinikum Bonn 53105 Bonn, Germany
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OA Dr. med. Julia Roka-Palkovits	Senior Physician Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH 1170 Wien, Austria
Prof. Dr. med. David H. Song, MD, MBA, FACS	Physician Executive Director Plastic & Reconstructive Surgery, Integrated Surgical Services Professor and Chair, Department of Plastic Surgery Interim Chair, Department of Surgery Georgetown University Washington, D.C., USA
OA Dr. med. Johannes Steinbacher	Senior Physician Plastic and reconstructive surgery Department of Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria

Dr. med. Eva Takacs	Specialist in Rehabilitation Medicine National Institute for Medical Rehabilitation Budapest, Hungary
OA Dr. med. Ines Tinhofer	Senior Physician, Deputy Head of Plastic, Reconstructive and Aesthetic Surgery Hospital Göttlicher Heiland GmbH 1170 Vienna, Austria
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Prim. Dr. med. Christian Ure	Specialist in Internal Medicine and Angiology, Head of Department Lymphklinik Wolfsberg im LKH Wolfsberg Rehabilitation Clinic for Lymph-Angiolgy with Acute Department 9400 Wolfsberg, Austria
Dr. phil. Beate West-Leuer	Psychological Psychotherapist Senior Coach (DBVC, IOBC), Supervisor (DGSv) 41472 Neuss, Germany
Andreas Wittlinger, PT	CEO Dr. Vodder Academy International, Chief of Therapy Department Wittlinger Therapiezentrum GmbH 6344 Walchsee, Austria
Prof. Dr. med. Hidehiko Yoshimatsu, MD	Deputy Chief Department of Plastic and Reconstructive Surgery Cancer Institute Hospital of the Japanese Foundation for Cancer Research Koto-ku, Tokyo, 135-8550 Japan

For kind support we thank:



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Österreichische Lymph-Liga 2560 Berndorf, Austria lymphliga.at

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General information

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Participation online: EUR 250 incl. statutory VAT for doctors EUR 200 incl. statutory VAT for healthcare professionals, nursing staff, therapists and medical retailers
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Compliance The symposium was rated COMPLIANT by EthicalMedTech.

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